

Operation Christmas Child Shoe Boxes and the Olympics

This autumn, when it comes to choosing gifts for your shoe box for needy children in Eastern Europe and Africa, why not do an 'Olympic themed' shoe box? As well as giving, you have the chance to do something a bit different with your shoeboxes, this is also your chance to send sporty items out to needy children in our world – children who might otherwise not have the chance to experience the joy of sport for themselves.

GIFTS: You might want to include a tennis ball, skipping rope, baseball hat, small football, inflatable beach ball, stop watch, sweat bands, swim goggles, toy medals or some other sports-related gift that would bring a smile to a child!

BOX: Decorate your shoebox with Olympic stickers, drawings or even try and get hold of wrapping paper with a sporty theme.

MESSAGE: Add a message to your child, stating that the shoebox has come from the home of the next Olympics and that you hope they enjoy the sports items you've included in your box for them to play with.

Our nearest collection point is Stead and Simpson, 12 Market Place Faversham. Take your boxes along between Tuesday 1st November and Friday 18th November. For more details and further ideas for your boxes log on to website: www.operationchristmaschild.org.uk/



The Cow and the Bible

A religious farmer lost his Bible out in the field. A few days later he went to answer a noise at his door. Standing there was a cow, with his Bible in its mouth. The farmer raised his eyes to heaven and thanked the Lord for this miracle. "Not really," said the cow. "Your name was written inside."

the Craft Cafe:

hooray for half term holiday fun

Thursday 27th October

10am - 12pm at Doddington Village Hall

£4.50 per child (includes all materials and a drink)

Suitable for 3 - 13 years (adult supervision required)

This session's theme will be:

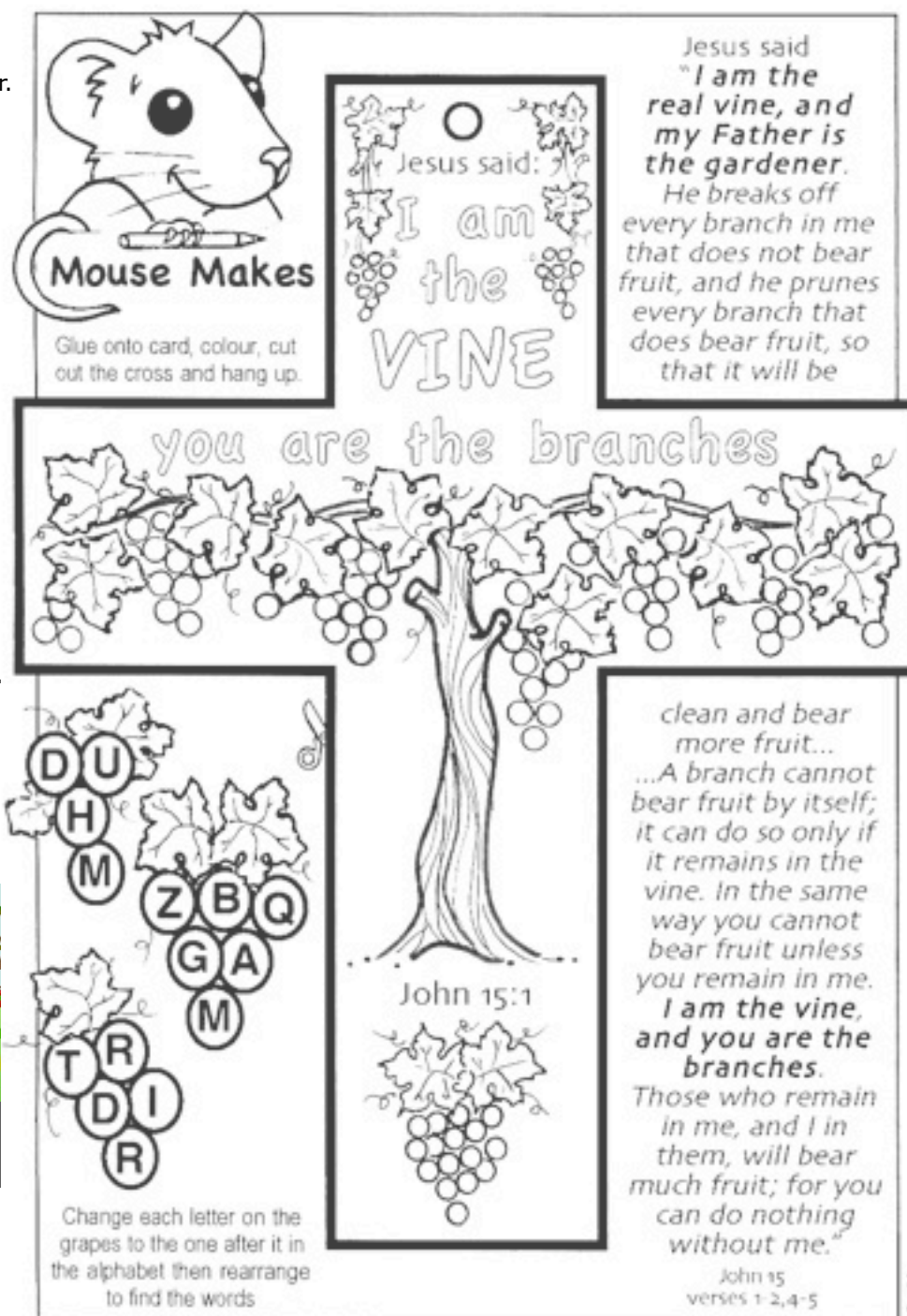


Dress to get messy! We do cutting, sewing, drawing, sticking, painting, building, stencilling, stamping, colouring, folding, marbling, modelling...

The cafe is open to all - with or without children. Come along for tea & cake **these crafty children don't bite**

Hot Drinks and home-made cakes & biscuits from 50p

To book call Charlotte on 01795 521767 or email simonandlottie@tiscali.co.uk



S Club

for primary school aged children

16th October

10am in the Village Hall

Youngstyle

for ALL ages

23rd October

10am in Eastling Church



Good News Parish Magazine October 2011

Benefice Service

Come and meet the new Archdeacon of Maidstone, the Venerable Stephen Taylor, at a service on Sunday 6th November at 10am in Easting Church. Everyone welcome, refreshments afterwards.



All Souls' Service

Stalisfield Church, 3pm on
Sunday 30th October

There will be boxes in Stalisfield and Eastling churches from the beginning of October until 25th October, for people to put in the names of those they would like remembered at the service on Sunday 30th at 3.00pm in Stalisfield Church. It is a reflective service with the opportunity to have a candle lit or to light a candle. If you are unable to get to the churches to use the boxes for names, please phone 01795 892079 or 01795 890376.

Autumn Quiz Party

Reserve the date of Friday 21st October for the Stalisfield Autumn Quiz Party.

The annual event will be start at 7.30pm sharp in The Hut on the Green at Stalisfield. We are holding our well known inflation proof formula of £2.50 per person- bring your own nibbles and tipples.

Our hallmark mix of facts and fun will, as ever, be conducted skilfully by our quizmasters Ian and Nick.

Gather a team of six and book your entry with Ian on (01795) 890475 or ask to join a "pot luck" table.

You will be very welcome for either option.



I don't mean to sound ungrateful Fred, but when I asked for something to 'represent farming in the community'...



Eastling Harvest Festival Sunday 2nd October

10am in Church All Age Service with puppet show

11am bacon butties in the Carpenters

12.30pm Tug of War - Eastling v Stalisfield

Willing pullers please contact Mitch at the Carpenters Arms for the Eastling team, or Alan at the Bowl for the Stalisfield Team - also children's tug of War

QUIZ NIGHT

Sunday 2nd
October @ 7pm
The Old Wine Vaults,
Preston Street,
Faversham
£2 per head
In aid of Fionn
Bernthal's
Kenya Expedition.
Call 01795 890308

Eastling Village Hall Quiz Night

Saturday 1st October 2011
at 7.30pm.

Please do come along to support the Trustees' efforts to raise funds in a fun way to maintain the Hall to high standards. Fiver a head, bring your own refreshments - please book your place by calling Sue on 01795 890254.

The news magazine for the combined parishes of Eastling and Stalisfield with Otterden

Jim Currin, a Church Army evangelist, considers the joy of evangelism.

Fishers of men... and women!

I love the Bible. To be more specific, I love the Gospels. The amazing array of diverse characters Jesus met on the sea shore, along the road and up the mountain. It is a joy to read—especially when you see how Jesus deals with them. First there are the fishermen, fed up with a hard night’s work and nothing to show for it. Do you remember the conversation with the carpenter and his call to leave their nets? Next, Jesus heals, and almost instantly his fame spreads and ‘they brought him all the sick’ (Matthew 4:24, NRSV). Then, when the crowd wanted to know more, he spoke the beautiful words of the Beatitudes. He didn’t point the finger at people, but pointed the people to God and simply said where they would find blessing. It’s amazing stuff!

As followers of Jesus today we are called to be ‘fishers of men’ (not ‘vicious old men’ as I once heard a child sing!) Human nature hasn’t changed and two thousand years later people still want to see miracles and be blessed. We are the means by which that is most likely to happen, and the way to do it is to follow the example of Jesus himself. Meeting

people where they are, having a conversation, praying and trusting the Holy Spirit—then offering beautiful words to those who ask. It’s a great joy when it happens naturally. We have just had an ‘open gardens’ afternoon with a Bible picture in ten gardens with a trail and quiz sheet. I offered cards for the website www.christianity.org.uk and small Gospels of Luke for the ‘Year of the Bible’. I was really surprised and encouraged at the interest in the trail and the Bible story. We don’t have to be pushy, but we do have to be present. Pray for the people you know and take the opportunity to listen to their story and then tell them about yours—in the bigger picture of God’s story found in the Bible.

Jim Currin is a Church Army Evangelist and Secretary for Evangelisation at Churches Together in England. His recent book, ‘Sharing Faith the Jesus Way’ (BRF, £7.99) offers helps and ideas of how to do personal evangelism.

There are two bible study groups in our parishes, if you would like to join one, please leave a message on 01795 890487.

Church Gift Day

Eastling Church offers many thanks to all who supported the Gift Day on 10th September. The day generated over £400 in gifts and we also have commitments for increased regular giving by standing order from some of our existing donors.

We face a difficult autumn and winter as the Bell tower requires repairs to its guttering before rain leaks into the tower causing further damage. This will cost in excess of £6,000, and is only one of the repairs required, so we still have a long way to go.

If you are able to help, please contact either Liz Bell (PCC Treasurer) available on 890233 and email eastlingchurchtreasurer@gmail.com or either of our Church wardens, Steve Youle on 890368 or Audrey Smith on 890469.

With all good wishes
Eastling Parochial Church Council



Decorating Eastling Church for Harvest
Saturday, 1st October, 10.00am.

Following in the capable shoes of Nerys and Emma, as the organisers of the church flower rota, is a somewhat daunting task for Cerys Lister and me, so please be tolerant if we make some blunders as we step into our new roles!

October starts with the Harvest Festival and we would love to have everyone on board to decorate the church on Saturday, 1st October, ready for the service on Sunday. Please come along at 10 am, armed with the usual harvest gifts, flowers, foliage and baskets. We will supply refreshments and would love to welcome new budding floral artists of any age - enthusiasm rather than expertise is all that is required!

The rota for the rest of October stays the same as previously planned by Nerys and Emma, but please let us know if this is a problem for anyone on the list.

Eastling Church
October 2011

Oct 1/2 Harvest Festival - all hands needed 10am 1st Oct.
8/ 9 Laura Lloyd
15/16 } Gaby Turner
22/23 } & Pippa West
29/30 Tish Neaves
Nov 5/6 Audrey Smith



<div>Prayer Pointers</div> <div>October 2011</div>	
Sunday	Give thanks for all who have been comforted by Wholeness and Healing.
Monday	Bring understanding to all communities and faiths.
Tuesday	Give strength and patience to all who work with young people.
Wednesday	Pray for peace to the bereaved.
Thursday	Be with all those who are seeking employment.
Friday	Continue to pray for the hungry throughout the world.
Saturday	Guide all in Government and the decisions they make.



The Carpenters Arms
01795 890234

The licensed trade in the UK is currently going through a very tough time. With raised revenue on alcohol, the recession biting deep into pockets and irresponsible pricing by supermarket chains selling beer and wine below cost, the trade is floundering.

Particularly hard hit are the rural pubs where fuel costs are prohibitive to a lot of people making the journey. This means we rely more and more on our local trade to survive.

Over this last month however fewer than 5% of the population of Eastling have visited the Carps and we both find this quite disturbing. In the near 3 years that we have had The Carps neither Donna nor I have taken a wage from the pub, preferring instead to re-invest in the business and to try and take it forward. We have also worked very hard at re-introducing the pub to the community and vice-versa, with some success we thought. We both love this pub and village dearly and it would be a very sad day for both of us if we had to leave. So, please, if we are getting something wrong let us know, anonymously if you wish via the post box outside the pub, or if you have ideas for the pub or something you would like to see, again please tell us.

It’s your pub
Use it or lose it!

Sunday 2nd Oct. Harvest Thanksgiving
10am at the church then
11am brunch at The Carps then
TUG-O-WAR at the school 12:30

Friday 7th Oct. Harvest Auction 7pm

Saturday 15th Oct. Murder Mystery Dinner. Few places left.

Saturday 29th Oct. Halloween. Costume please folks with complimentary buffet this year. 7:30 -onwards.

PORCH HOUSE - EASTLING
BED & BREAKFAST

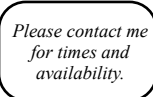


www.porchhousebandb.co.uk
Contact: Tony Mannion 01795 890980
email: stay@porchhousebandb.co.uk

NORDIC WALKING
COUNTRY WALKS AT DIFFERENT LOCAL
LOCATIONS - A WONDERFUL WAY TO KEEP FIT!
“Walking with poles outdoors can make you faster and fitter!”
PILATES

Gentle and effective - a flowing series of exercises which strengthen, stretch and tone the whole body! A popular favourite!
WEEKLY CLASSES RUNNING NOW AT SHELDWICH & MAIDSTONE

Louise Seymour, IIHHT Dip., PT Dip., MIPTL, INWA.
Telephone or Text: 07790 580522
Email: LCS@LifecareFitness.co.uk
See my website at: www.LifecareFitness.co.uk



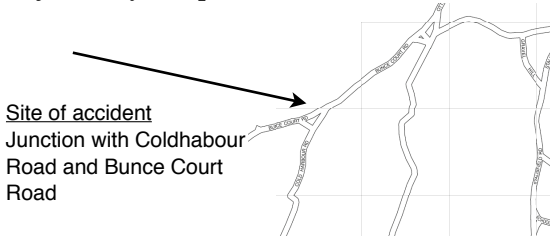
Pot Holes on Bunce Court Road.

Can you help me?

Have you recently reported a pot hole in Bunce Court Road to Kent County Council?

On 30th July I was riding my bike along Bunce Court Road when I hit a deep pot hole. The pot hole was so deep, it stopped my bike dead and I flew over the hand bars hit the road face first and injured myself quite badly.

I was lucky, I was wearing a helmet and cycling with good friends who were able to call for help or I’m sure my injuries would have been even more serious.



I was unconscious at the scene for 20 – 25 minute; I fractured my neck, my top jaw and my eye socket and needed to be treated in hospital for 7 days afterwards and nearly two months on I’m still not fit enough to be back at work.

I reported the pot hole to Kent County Council 10 days after my accident but still the pot hole hasn’t been filled in. I understand from the Council that a number of other people have reported pot holes on this stretch of road because the pot hole has damaged their vehicle. If you have reported a pot hole on this stretch of road would you contact me on: 07823 329090 or at lisacalston@gmail.com.

I am also hoping to make contact with the kind people who were travelling in a Land Rover towing a horse box, who were behind me when I hit the pot hole, as they witnessed the accident and may be able to provide me with some further information.

Eastling Neighbourhood Watch

Contact Nos:
Parish /Village Warden 07794 010394
Crimestoppers 0800 555111
Swale Police 01622 690690
Emergencies 999



Now that the youngsters are back to school I think they deserve a pat on the back for their good behaviour during this summer holidays, they have been a credit to themselves and their parents.

Also a thank you to those who ran the Holiday club in August, it is appreciated by all.

The Kissing Gates on the footpath that goes past the Church and down to the valley, have been damaged and are now in need of repair. I would request that persons walking with pushchairs or bicycles respect these gates as they are designed to stop sheep wandering off from their confined field.

With autumn fast approaching, do not forget to adjust the timers on your automatic lights. Clocks go back at 2am on Sunday 30th October.

Usual warnings about rogue phone calls and suspicious vehicles in the vicinity as the theft of metal, of all kinds, is still prevalent.

Have a good month.
Alan



Services in our Churches

Every Wednesday

Eastling 9.05 - 9.20am Morning Worship

2nd October Trinity 15

Philippians 3. 4b - 14, Matthew 21. 33 - end
Eastling 8 am Holy Communion (BCP)
Eastling 10 am Harvest Festival

9th October Trinity 16

Philippians 4. 1 - 9, Matthew 22. 1 - 14
Eastling 8 am Holy Communion (BCP)
Stalisfield 10 am Holy Communion (CW)
Eastling 10.30 am The Point

16th October Trinity 17

1 Thessalonians 1. 1 - 10, Matthew 22. 15 - 22
Eastling 8 am Holy Communion (BCP)
Stalisfield 10 am Morning Prayer (BCP)
Eastling 10 am Morning Prayer (BCP)
Eastling 10 am S Club in Village Hall

23rd October Last after Trinity

1 Thessalonians 2. 1 - 8, Matthew 22. 34 - end
Eastling 8 am Holy Communion (BCP)
Eastling 10 am Youngstyle
Stalisfield 10 am Holy Communion

30th October All Saints Sunday

1 John 3. 1 - 3, Matthew 5. 1 - 12
Eastling 8 am Holy Communion (BCP)
Eastling 10 am Holy Communion (CW)
Stalisfield 3 pm All Souls Service

6th November 3rd before Advent

1 Thessalonians 4. 13 - end, Matthew 25. 1 - 13
Eastling 8 am Holy Communion (BCP)
Eastling 10 am Benefice Service with
the Archdeacon of Maidstone

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(BCP) Service taken from the Book of Common Prayer, 1662.  
(CW) Service follows Common Worship Liturgy, 2000.

# Ministry in our Parishes

Priest in Charge Vacant

**PLEASE NOTE** all enquiries should be directed to the  
**Parish Administrator** (01795 890487)  
eastlingchurch@googlemail.com (Weekday mornings)

Non Stipendiary Minister with Permission To Officiate  
Reverend Angela Cheeseman (01795 892124)  
New House Farm, Eastling ME13 0BN

Reader Norman Fowler (01795 890412)  
4 Meesons Close, Eastling

Reader Hugh Perks (01795 890603)  
Weald Cottage, Eastling

### Churchwardens

**Eastling** Steve Youle (01795 890368)  
Audrey Smith (01795 890469)

### Stalisfield with Otterden

Sue Gainsd (01622 858551)  
Pat Thompson (01795 890376)

## From the Registers

### Baptism

Aidan Mark Gilbert  
Hannah Kate Gilbert  
James Cameron Gilbert  
25th September 2011 at Eastling

### Interment of Ashes

Phyllis Southfield  
17th September 2011 at Eastling

## Midweek Groups

Tuesdays: monthly 15th October, 9.30am  
Garden Cottage, Newnham Lane, Eastling  
Tuesdays: weekly Study Group 7.30pm Pinks Farm  
Thursdays Prayer Group 10.30am Pinks Farm  
All welcome.

## Annual John Briggs Memorial Lecture

On Saturday 8th October at 7.00pm, in association with the Friend of Kent Churches, St Mary of Charity is hosting the Annual John Briggs Memorial Lecture. The lecture entitled William Tyndale – Martyr, will be introduced by Roddy Tyndale-Biscoe a direct descendant of William Tyndale and will be delivered by Michael Walling of Canterbury. Following the lecture there will be an opportunity for refreshments and to view the Flower Festival and Bible Exhibition. The evening will conclude with a concert of Music influenced by the words and phrases of Tyndale, performed by the choir and organists of St Mary of Charity under the direction of Stephen Sivy, Director of Music. Tickets for the Briggs Lecture and Concert cost £10.00 and are available from the Faversham Society, Fleur De Lis Heritage Centre, Preston Street, Faversham. Or by contacting Colin.pengelly@stmaryofcharity.org

## The Rescue

by Audrey Keen

Picture the scene - the sun is shining, the sky is blue, and it is warm. I walk on a cart track that will eventually take me into the wood. On my left two horses are grazing in the sunshine, stopping momentarily to swish their tails or raise their heads to watch me pass, they are still munching. Where the wood trees meet the track it feels much cooler. I hear little owls call as they are disturbed from their slumbers, I walk on. On my left is a sight I cannot believe and I stand frozen. To my astonishment and horror a Jack Russell dog is caught in a drain and is up to his neck in water. He is too small to jump to safety and is weak with trying. I reach down, pick him up and can feel his relief as I put him down on dry land. Before I can examine him further, he shakes himself and rushes off to a pathway in the wood. He stops, turns his head toward me, stares at me and then dashes off. At least he is now free and appears to know in which direction he should be going.

I heard, much later that the little dog was found exhausted, but was taken home by his owner and recovered. Sadly, since then, the little dog has died; not as a result of his adventure, but of old age.



By the pond that is green  
I note a quiet scene:  
As pheasants drink water in turn,  
Then cannily fly  
To leaved branches high  
Above the now colouring fern.  
Yet on the grass ride  
Where grey rabbits hide,  
The pheasants walk too if they can.  
But, keep an eye open  
For foxes and weasels  
And stoats and incalculable man.  
The boughs, tipped with autumn  
Are pretty to see,  
As I watch purple berries turn black,  
And yet not a care  
Have the pheasants that dare  
To walk with me, here on the track.

AIK

## Stalisfield Highlife

### The Stalisfield Annual Fete 27th August 2011

What a day for the Fete. The Met Office gave us a modest fright on Saturday morning but called in a few favours to provide an afternoon of almost ideal weather- moderate temperature, not too breezy, but above all, dry. Stalisfield made the most of it with stalls, competitions, and games. Races were run, prizes were won, ladders were stocked, faces were painted, appetites were satisfied, bargains were bought, skills were tested and luck was chanced- all on one summer afternoon. Entertainment came with the ingenious performance on the tight wire staged by "The Applause Rural Touring" company. Craft skills were featured in the form of a demonstration of survival techniques and one of ferret handling.



## You can take a horse to water but only a DUCK will swim!

Baby and toddler swimming classes have never been as fun as with Puddle Ducks.

Join our classes at any age! Check our website for details.

Email [eastkent@puddleducks.com](mailto:eastkent@puddleducks.com)  
Tel 01622 236111

Life but swimmingly...

[www.puddleducks.com](http://www.puddleducks.com)



The Friends of Canterbury Cathedral  
invite you to the  
CANTERBURY CATHEDRAL  
Open Evening  
Wednesday 5th October 2011  
5.30pm Choral evensong  
6.15pm Displays & activities  
8.40pm Concert by the  
Cathedral Choristers  
Compline

See many interesting displays showing behind the scenes at Canterbury Cathedral, featuring a very special display showing Iconic Vestments, including the Archbishop's Cope worn for the Wedding of HRH Prince William and Miss Catherine Middleton, the 1953 Japanese Silk Coronation Cope and Mitre worn by Archbishop Fisher and many other beautiful vestments.

LOOK OUT FOR THE KING JAMES  
BIBLE 400TH ANNIVERSARY EXHIBITS  
Free entry, free activities, free guided tours

\*\*\*\*\*



A good humoured, generous crowd went home happy and lighter in pocket by a satisfying boost to the rebuild fund of £1,800, at first count.

An unexpected bonus came when two well qualified professional people offered on the spot, to take on preparation of building plans and to oversee the building project. The help offered gives a substantial lift to the hopes we have of attaining our objective.

This year's Giant Onion competition attracted twice as many entries as the previous year's event and set a new record. The 2011 winner of the Stalisfield Onion Society Cup was Gerald Clayton, whose monster onion weighed in at 3lb 6oz, or 1.58 kilos.

The success of the day depended on the advance planners, on the efforts of those involved in set-up and on the volunteers who (wo)manned the stalls, games and functions. We were short of neither goodwill nor volunteers. Thanks are also due for the loan of equipment from our good neighbours Painters Forstal and Throwley, to Jonathan for his sound system and to those who donated produce, preserves, baked goods, books, prizes and household treasures. All of these things contributed to the staging of the Stalisfield 2011 Village Fete.



## Otterden W.I.

End of September already! Blink and you'll miss the rest of the year. Hope you are all starting to get ready for Christmas ( Don't forget to order your Free Range Kelly Bronze Turkeys from Snoad Farm For Christmas Dinner)



I apologise for not keeping you up to date last month, I missed the publication date due to being stuck in William Harvey Hospital for 2weeks with Gall Stones and Infections.

October is going to be an exciting month - on Thursday 6th October at 7.30pm - Edinburgh Wool Fashion Show: Come along and see us modelling some of Edinburgh Wool's finest collection ready for Autumn & Winter. Guests welcome, nibbles and refreshments available. And don't forget your pennies for the raffle.

Friday 14th October - Shepherd Neame Brewery Visit . Currently there are 2 spaces still available for our evening visit. £12.50 for members; cost includes 2 course meal and evening tour round the Brewery. Please contact Kim Curtis if you would like to join us.

Have a good month Ladies.  
Becky Ward. 01795 533604,  
rward85@btinternet.com



## Charing and District Local History Society

Researched, written and produced by Society members, *A History of Charing* tells a village story from prehistoric times to 1900, with chapters on the history of the church, archbishop's palace and historic houses of the parish. Due to be published in November, the retail price will be £12, but order before 31st October for £10. Orders, with cheques payable to 'Charing and District Local History Society', can be sent to Sarah Pearson, Old School House, High Street, Charing TN27 0LS, clearly stating the number of copies, the method of collection, and providing your name and address (including post code), telephone number, and email address if you have one. If you wish copies to be posted add P & P £2.68 per copy for 1-2 copies; for more copies please contact re postage cost. Sarah Pearson (01233 712772; books@charinghistory.co.uk)

The next regular meeting is on  
Thursday 11th October, when

**Peter Ewart** will talk about a history of smuggling in Kent, from the C17th to present day: With coastal access and good roads to London, Kent was ideal for smuggling. this talk explores the resulting economic and social impact. Doors open at 7.45pm, the talk starts at 8pm in the Parish Hall at Charing. Visitors welcome, cost is £2.

## COFFEE POP - IN



### Book Sale and Homemade Cake Sale

Eastling Village Hall  
Wednesday 5th October  
9 - 11am

Free entry and a cup of tea or coffee.  
Cake proceeds to Pop-In hall hire.  
Book proceeds to Alzheimer's Society.  
Toddlers welcome.

Pop-In is open every Wednesday,  
including 26th October (half-term).

## Sticks

Long ago when men cursed  
and beat the ground with  
sticks, it was called witchcraft.  
Today, it's called golf.

**Going Green?** *One way to reduce energy is to get an energy saving multi-plug. They automatically register when a PC is on and allow power to its peripherals such as printers and scanners. If the PC shuts down or goes into standby, they power down the peripherals too and restart them up once the PC is used. This relieves the burden of remembering to switch everything off and can save energy in the home and office. They are inexpensive and can pay for themselves within a year. For an example see [www.oneclickpower.co.uk](http://www.oneclickpower.co.uk)*

## Painters Forstal with Ospringe W. I.

Tuesday 18th October,  
2.15pm  
at the Champion Hall.

*Christmas Tales: The legend  
and history of Christmas  
plants by Mrs Janet Bryant*

Competition: A piece of  
floral china.

New members and guests  
welcome, contact Bobbie on  
01795 532756.

## FRIENDS of EASTLING SCHOOL

At the September AGM, the Chairman gave a summary of the past year's events and the Treasurer gave details of money raised and what it was spent on to benefit the children. Pauline Gaston stepped down as Chairman of FOES but will be on hand to give support this year.

The new Committee members are: Jo Williams - Chairman, Tim Jackson - Vice- Chair, Justine Hollands - Treasurer, Jan Williams - Secretary. Other Committee members are Jill Seaman and Jo Martell. A number of parents are willing to lend a hand with events.

Events for October are:

Harvest Festival on Friday 7th October at morning assembly followed by tea & cakes.

Decorated Pumpkin Competition on Friday 21st October - to be judged during the morning.

Children's Halloween Disco on Friday 21st October - 6pm - 8pm.

Further details of these events to follow .

Good quality Second Hand school uniform always welcomed and available to parents to purchase. (I will have some available at the Harvest Festival.)

Jill Seaman, FOES Publicity.

01795 890252

What is .....

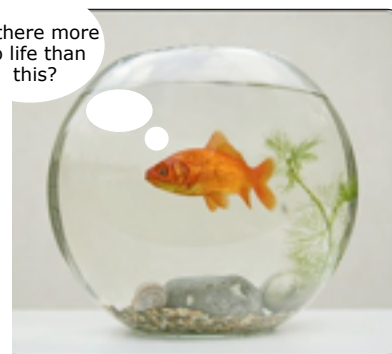
## The Point



**Sunday 9th October  
10.30am  
Eastling Church  
YOU will be welcome**



Is there more  
to life than  
this?



## LEIGH MILES DANCE & FITNESS



### Eastling Village Hall

#### WEDNESDAYS

5.15pm CHILDREN'S FREESTYLE DANCE IDTA

6.30pm ZUMBA® TONING

7.30pm ZUMBA®

#### THURSDAYS

9.15am FITNESS PILATES

OTHER VENUES

DAY & EVENING CLASSES

TEYNHAM FAVERSHAM LENHAM

FOR DETAILS CONTACT

[www.milesdanceandfitness.com](http://www.milesdanceandfitness.com)

leigh.fitness@btinternet.com

01795 890149 or 07873 431952

## Eastling Gardeners' Club

Thursday 6th October at 7.30pm,  
in the village hall.

'Gardening in Dry Conditions'

Followed by wine and homemade nibbles.

Members are free, otherwise £2.50

## Gardening helps your health – in spade!fuls!

As you put your garden to bed for the winter, and perhaps rake endless leaves, there is at least one very positive advantage in all that work: you are doing your health a lot of good.

Research has found that only two and a half hours of gardening a week can improve fitness levels and also reduce the risk of heart disease, the risk of type 2 diabetes, lower blood pressure, improve mental alertness, and encourage your children to get more active.

One expert says: "Gardening is a fantastic way to exercise. By digging and weeding, every part of the body gets a workout." Certainly raking leaves is great for toning your upper arms....



## Stalisfield Rebuild.

[www.stalisfieldvillagehall.co.uk](http://www.stalisfieldvillagehall.co.uk)

## HELP!

We have been accepted as a candidate for the NatWest CommunityForce scheme which helps small communities to realize their aspirations. Our aspiration is to rebuild our sad old Village Hall which needs to retire after a full and long life.

**Now we need your help.** We need your votes. The application receiving the most votes from the public wins the jackpot!

Voting started on Monday 26th September for four weeks. There are two ways: (1) on the website <http://communityforce.natwest.com/> or (2) by telephone on the helpline 0800 2100 246. If you have difficulty with speech or hearing, choose Minicom number 0800 0145 545.

Please vote yourself and persuade your friends and relatives to do so. Every vote counts.

It won't cost you a penny but it could give us a tremendous boost.

For more information on the fund, explore the website even in advance of voting. Find specific details of our application on <http://communityforce.natwest.com/project/758> or view our new website [www.stalisfieldvillagehall.co.uk](http://www.stalisfieldvillagehall.co.uk) to see both the detailed application and the new Stalisfield video.

**We need your help! Please.**

## October



2011

|                                     |                        |                          |
|-------------------------------------|------------------------|--------------------------|
| 1st Harvest decorating              | 10am                   | Eastling Church          |
| 1st Quiz Night                      | 7.30pm                 | Eastling Village Hall    |
| 2nd Harvest Festival Breakfast      | 10am                   | Eastling Church          |
| Tug of War                          | 11am                   | Carpenters Arms          |
| 2nd Quiz Night                      | 12.30pm                | School Field             |
| 5th Cakes and Books at Pop-In       | 7pm                    | Old Wine Vaults          |
| 6th Otterden W. I.                  | 9am                    | Eastling Village Hall    |
| 6th Gardeners' Club                 | 7.30pm                 | Stalisfield Village Hall |
| 7th Harvest Auction                 | 7.30pm                 | Eastling Village Hall    |
| 7th "Group Therapy"                 | 7.30pm                 | Carpenters Arms          |
| 9th The Point                       | The Plough,            | Stalisfield              |
| 11th Charing History Society        | 10.30am                | Eastling Church          |
| 14th W. I. outing                   | 8pm                    | Charing Parish Hall      |
| 15th DEADLINE for November magazine | Shepherd Neame Brewery |                          |
| 16th S Club                         | See below              |                          |
| 18th Ospringe W. I.                 | 10am                   | Eastling Village         |
| 21st Decorated pumpkin competition  | 2.15pm                 | Champion Hall            |
| 21st Halloween Disco                | Eastling School        |                          |
| 21st Autumn Quiz Night              | 6pm                    | Eastling School          |
| 23rd Youngstyle                     | 7.30pm                 | Stalisfield Village Hall |
| 25th Good News Publication          | 10am                   | Eastling Church          |
| 30th All Souls' Service             | 2pm                    | Pinks Farm               |
|                                     | 3pm                    | Stalisfield Church       |

## Deadline for November 2011 Good News

If you would like to advertise in this magazine, submit articles or stories for publication, or would like any forthcoming events publicised, send your contribution by 15th October, to:

Hilary Harlow, Pinks Farm, Eastling, Faversham ME13 0BA.

Tel: 01795 890338. Where possible, please submit your entry by email: [goodnewsmagazine@me.com](mailto:goodnewsmagazine@me.com)

Past and current issues of the *Good News* may be viewed on [www.northdowns.plus.com/goodnews](http://www.northdowns.plus.com/goodnews)

## EASTLING VILLAGE HALL

To book ring Julia Bailey  
on 01795 890746



A beautiful hall in a lovely village location for your wedding, club, sports or meetings.

The large hall has pretty grounds, car parking, meeting rooms and fully equipped facilities for professional or self-catering occasions.